

Extramót SH 2014 - 25.10.2014 to 26.10.2014

Úrslit

Grein 1 Kvenna 100 . Metra Fjór

ISL: 1:01,72 N 10.11.2011 Ragnheiður Ragnarsdóttir KR
 1:02,54 HM25 Doha 2014
 1:14,38 IM25 Hafnarfirdi 2014

Meet Qualifying : 1:50,00

| Nafn | ár | Félag | Tíminn |
|--|----|-------------------------|--------------|
| 1 Eygló Ósk Gústafsdóttir r:+0.79 29,20 35,31 | 19 | Sundfélagið Ægir | 1:04,51 IM25 |
| 2 Bryndís Bolladóttir r:+0.72 31,51 37,59 | 15 | Sundfélagið Óðinn | 1:09,10 IM25 |
| 3 Karen Sif Vilhjálmsdóttir r:+0.77 32,56 37,09 | 21 | Sundfélag Hafnarfjarðar | 1:09,65 IM25 |
| 4 Katarína Róbertsdóttir r:+0.75 32,42 37,91 | 14 | Sundfélag Hafnarfjarðar | 1:10,33 IM25 |

Grein 2 Karla 100 . Metra Fjór

ISL: 54,30 N 12.9.2006 Örn Arnarson SH
 55,62 HM25 Doha 2014
 1:06,43 IM25 Hafnarfirdi 2014

Meet Qualifying : 1:50,00

| Nafn | ár | Félag | Tíminn |
|---|----|-------------------------|--------------|
| 1 Kristinn Þórarinnsson r:+0.69 25,76 31,63 | 18 | Sunddeild Fjölris | 57,39 IM25 |
| 2 Predrag Milos r:+0.74 26,75 33,19 | 19 | Sundfélag Hafnarfjarðar | 59,94 IM25 |
| 3 Aron Ö. Stefánsson r:+0.65 27,09 32,91 | 19 | Sundfélag Hafnarfjarðar | 1:00,00 IM25 |
| 4 Atli Vikar Ingimundarson r:+0.74 29,79 37,14 | 17 | Sundfélag Akraness | 1:06,93 |

Grein 3 Kvenna 800 . Metra Skriðsund

ISL: 8:41,79 N 12.9.2011 Inga Elín Cryer ÍA
 8:54,05 HM25 Doha 2014
 10:27,23 IM25 Hafnarfirdi 2014

Meet Qualifying: 12:00,00

| Nafn | ár | Félag | Tíminn |
|--|----|-------------------------|---------------|
| 1 Inga Elin Cryer r:+0.77 29,33 31,88 33,13 33,43 33,41 33,44 33,75 33,28 33,61 34,03 33,92 33,91 33,77 34,35 33,78 33,33 | 21 | Sundfélagið Ægir | 8:52,35 HM25 |
| 2 Bára K. Björgvinsdóttir r:+0.78 31,41 34,28 35,07 35,68 35,68 35,04 35,67 35,32 35,52 36,05 35,58 35,81 35,90 35,96 35,67 34,06 | 19 | Sundfélag Hafnarfjarðar | 9:22,70 IM25 |
| 3 Elín Kata Sigurgeirsdóttir r:+0.71 32,40 35,68 36,84 36,78 36,86 36,67 36,77 36,74 36,84 37,46 36,54 36,83 37,06 36,75 36,95 35,36 | 15 | Sundfélagið Óðinn | 9:42,53 IM25 |
| 4 Jóhanna Alba Martel r:+0.77 34,08 37,68 39,29 39,00 39,23 39,65 39,76 39,53 39,49 39,90 39,77 40,38 39,99 39,93 40,09 36,31 | 14 | Sundfélagið Ægir | 10:24,08 IM25 |

Grein 4 Karla 200 . Metra Skriðsund

ISL: 1:46,72 N 16.3.2001 Örn Arnarson SH
 1:52,16 HM25 Doha 2014
 2:14,65 IM25 Hafnarfirdi 2014

Meet Qualifying : 3:55,00

| Nafn | ár | Félag | Tíminn |
|--|----|-------------------------|--------------|
| 1 Daniel Hannes Pálsson r:+0.66 26,42 28,51 29,18 28,90 | 19 | Sunddeild Fjölris | 1:53,01 IM25 |
| 2 Arnór Stefánsson r:+0.71 27,32 29,64 30,46 30,06 | 17 | Sundfélag Hafnarfjarðar | 1:57,48 IM25 |

Extramót SH 2014 - 25.10.2014 to 26.10.2014

Úrslit

(Grein 4 Karla 200 . Metra Skriðsund)

| Nafn | ár | Félag | Tíminn |
|---------------------------|-------|-------------------------|--------------|
| 3 Hilmar Smári Jónsson | 20 | Sunddeild Fjölnis | 1:58,13 IM25 |
| r:+0.70 27,45 29,76 30,70 | 30,22 | | |
| 4 Ólafur Sigurðsson | 15 | Sundfélag Hafnarfjarðar | 2:00,41 IM25 |
| r:+0.68 27,79 30,35 30,99 | 31,28 | | |

Grein 5 Kvenna 50 . Metra Baksund

ISL: 27,49 N 12.11.2011 Ingibjörg kristín Jónsdóttir SH
 29,60 HM25 Doha 2014
 35,17 IM25 Hafnarfirdi 2014

Meet Qualifying: 40,00

| Nafn | ár | Félag | Tíminn |
|---------------------------|----|-------------------------|------------|
| 1 Eygló Ósk Gústafsdóttir | 19 | Sundfélagið Ægir | 28,85 HM25 |
| r:+0.70 | | | |
| 2 Steingerður Hauksdóttir | 18 | Sunddeild Fjölnis | 31,32 IM25 |
| r:+0.62 | | | |
| 3 Una Lára Lárusdóttir | 15 | Sundfélag Akraness | 32,73 IM25 |
| r:+0.66 | | | |
| 4 Ásdís B. Guðnadóttir | 18 | Sundfélag Hafnarfjarðar | 32,90 IM25 |
| r:+0.62 | | | |

Grein 6 Karla 50 . Metra Baksund

ISL: 24,05 N 14.12.2007 Örn Arnarson SH
 26,41 HM25 Doha 2014
 31,58 IM25 Hafnarfirdi 2014

Meet Qualifying: 40,00

| Nafn | ár | Félag | Tíminn |
|----------------------------|----|-------------------------|------------|
| 1 Kristinn Þórarinnsson | 18 | Sunddeild Fjölnis | 25,96 HM25 |
| r:+0.53 | | | |
| 2 Kolbeinn Hrafnkelsson | 20 | Sundfélag Hafnarfjarðar | 26,10 HM25 |
| r:+0.59 | | | |
| 3 Predrag Milos | 19 | Sundfélag Hafnarfjarðar | 27,49 IM25 |
| r:+0.61 | | | |
| 4 Atli Vikar Ingimundarson | 17 | Sundfélag Akraness | 30,51 IM25 |
| r:+0.70 | | | |

Grein 7 Kvenna 200 . Metra Flugsund

ISL: 2:16,72 N 11.11.2011 Inga Elín Cryer ÍA
 2:15,73 HM25 Doha 2014
 2:37,38 IM25 Hafnarfirdi 2014

Meet Qualifying : 3:30,00

| Nafn | ár | Félag | Tíminn |
|------------------------------|-------|--------------------------------|--------------|
| 1 Elín Kata Sigurgeirsdóttir | 15 | Sundfélagið Óðinn | 2:24,44 IM25 |
| r:+0.77 31,83 36,54 37,77 | 38,30 | | |
| 2 Harpa Ingbórsdóttir | 14 | Sundfélag Hafnarfjarðar | 2:39,11 |
| r:+0.74 34,23 40,58 41,92 | 42,38 | | |
| 3 Kolbrún Eva Pálmadóttir | 12 | Íþróttabandalag Reykjanesbæjar | 2:45,44 |
| r:+0.74 37,07 41,46 42,80 | 44,11 | | |
| 4 Diljá Rún Ívarsdóttir | 12 | Íþróttabandalag Reykjanesbæjar | 2:45,66 |
| r:+0.91 35,84 42,25 44,22 | 43,35 | | |

Grein 8 Karla 200 . Metra Flugsund

ISL: 1:57,21 N 12.12.2009 Sindri Þór Jakobsson Bergen
 2:01,48 HM25 Doha 2014
 2:25,36 IM25 Hafnarfirdi 2014

Meet Qualifying : 3:30,00

| Nafn | ár | Félag | Tíminn |
|---------------------------|-------|-------------------------|--------------|
| 1 Hafþór J. Sigurðsson | 17 | Sundfélag Hafnarfjarðar | 2:16,36 IM25 |
| r:+0.67 29,76 34,18 36,14 | 36,28 | | |

Extramót SH 2014 - 25.10.2014 to 26.10.2014

Úrslit

(Grein 8 Karla 200 . Metra Flugsund)

| Nafn | ár | Félag | Tíminn |
|---------------------------------|----|-------------------------|--------------|
| 2 Jón Margeir Sverrisson S-14 | 22 | Sunddeild Fjölnis | 2:20,72 IM25 |
| r:+0.66 29,75 34,07 36,95 39,95 | | | |
| 3 Daniel Andri Þórhallsson | 16 | Sundfélagið Ægir | 2:27,89 |
| r:+0.76 31,79 37,97 39,33 38,80 | | | |
| 4 Jökull Ýmir Guðmundsson | 14 | Sundfélag Hafnarfjarðar | 2:37,85 |
| r:+0.76 34,20 39,63 41,07 42,95 | | | |

Grein 9 Kvenna 200 . Metra Bringusund

ISL: 2:23,70 N 27.8.2014 Hrafnhildur Lúthersdóttir SH
 2:33,30 HM25 Doha 2014
 3:00,34 IM25 Hafnarfirdi 2014

Meet Qualifying : 3:55,00

| Nafn | ár | Félag | Tíminn |
|-----------------------------------|----|-------------------------|--------------|
| 1 Nanna Björk Barkardóttir | 16 | Sundfélagið Óðinn | 2:47,59 IM25 |
| r:+0.77 37,20 42,93 43,39 44,07 | | | |
| 2 Sunna Svanlaug Vilhjálmisdóttir | 14 | Sundfélag Hafnarfjarðar | 2:52,18 IM25 |
| r:+0.81 38,66 43,32 44,83 45,37 | | | |
| 3 Kristín Ása Sverrisdóttir | 16 | Sundfélagið Óðinn | 2:52,36 IM25 |
| r:+0.80 39,72 45,36 44,11 43,17 | | | |
| 4 Natalia Cecylia Wojdat | 16 | Sundfélag Hafnarfjarðar | 2:52,61 IM25 |
| r:+0.73 39,77 44,44 44,54 43,86 | | | |

Grein 10 Karla 200 . Metra Bringusund

ISL: 2:07,75 N 20.11.2009 Jakob Jóhann Sveinsson Ægir
 2:16,32 HM25 Doha 2014
 2:44,92 IM25 Hafnarfirdi 2014

Meet Qualifying : 3:55,00

| Nafn | ár | Félag | Tíminn |
|---------------------------------|----|-------------------------|--------------|
| 1 Ólafur Sigurðsson | 15 | Sundfélag Hafnarfjarðar | 2:30,75 IM25 |
| r:+0.66 34,22 37,67 39,09 39,77 | | | |
| 2 Sævar Berg Sigurðsson | 19 | Sundfélag Akraness | 2:36,92 IM25 |
| r:+0.84 34,15 39,36 40,85 42,56 | | | |
| 3 Marian Catalin Ioneti | 16 | Sundfélag Hafnarfjarðar | 2:40,05 IM25 |
| r:+0.46 36,16 40,54 41,64 41,71 | | | |
| 4 Hilmar Smári Jónsson | 20 | Sunddeild Fjölnis | 2:41,70 IM25 |
| r:+0.68 36,29 41,09 42,32 42,00 | | | |

Grein 11 Kvenna 100 . Metra Skriðsund

ISL: 54,44 N 11.11.2010 Ragnheiður Ragnarsdóttir KR
 56,98 HM25 Doha 2014
 1:06,34 IM25 Hafnarfirdi 2014

Meet Qualifying : 1:45,00

| Nafn | ár | Félag | Tíminn |
|---------------------------|----|-------------------------|--------------|
| 1 Bryndís Bolladóttir | 15 | Sundfélagið Óðinn | 58,23 IM25 |
| r:+0.71 27,59 30,64 | | | |
| 2 Rebekka Jaferian | 17 | Sundfélagið Ægir | 1:00,86 IM25 |
| r:+0.74 29,41 31,45 | | | |
| 3 Katarína Róbertsdóttir | 14 | Sundfélag Hafnarfjarðar | 1:02,49 IM25 |
| r:+0.77 30,41 32,08 | | | |
| 4 Guðný Erna Bjarnadóttir | 20 | Sundfélag Hafnarfjarðar | 1:02,80 IM25 |
| r:+0.72 29,95 32,85 | | | |

Extramót SH 2014 - 25.10.2014 to 26.10.2014

Úrslit

Grein 13 Kvenna 50 . Metra Skriðsund

ISL: 24,94 N 16.12.2010 Ragnheiður Ragnarsdóttir KR
 26,11 HM25 Doha 2014
 30,16 IM25 Hafnarfirdi 2014

Meet Qualifying: 35,00

| Nafn | ár | Félag | Tíminn |
|---|----|-------------------------|------------|
| 1 Eygló Ósk Gústafsdóttir r:+0.79 | 19 | Sundfélagið Ægir | 26,56 IM25 |
| 2 Bryndís Bolladóttir r:+0.70 | 15 | Sundfélagið Óðinn | 27,06 IM25 |
| 3 Karen Sif Vilhjálmisdóttir r:+0.76 | 21 | Sundfélag Hafnarfjarðar | 27,52 IM25 |
| 4 Guðný Erna Bjarnadóttir r:+0.68 | 20 | Sundfélag Hafnarfjarðar | 28,97 IM25 |

Grein 14 Karla 50 . Metra Skriðsund

ISL: 22,29 N 22.11.2009 Árni Már Arnason ÍRB
 23,03 HM25 Doha 2014
 26,71 IM25 Hafnarfirdi 2014

Meet Qualifying: 35,00

| Nafn | ár | Félag | Tíminn |
|--------------------------------------|----|-------------------------|------------|
| 1 Aron Ö. Stefánsson r:+0.61 | 19 | Sundfélag Hafnarfjarðar | 23,67 IM25 |
| 2 Predrag Milos r:+0.74 | 19 | Sundfélag Hafnarfjarðar | 23,71 IM25 |
| 3 Alexander Jóhannesson r:+0.69 | 22 | Sunddeild KR | 23,94 IM25 |
| 4 Viktor Máni Vilbergsson r:+0.71 | 22 | Sundfélag Hafnarfjarðar | 24,59 IM25 |

Grein 15 Kvenna 400 . Metra Skriðsund

ISL: 4:14,24 N 24.11.2012 Inga Elín Cryer ÍA
 4:21,31 HM25 Doha 2014
 5:04,65 IM25 Hafnarfirdi 2014

Meet Qualifying: 7:00,00

| Nafn | ár | Félag | Tíminn |
|--|----|--------------------------------|--------------|
| 1 Sunneva Dögg Friðriksdóttir r:+0.66 30,34 32,70 32,91 33,30 33,45 33,29 33,19 32,63 | 15 | Íþróttabandalag Reykjaneshæjar | 4:21,81 IM25 |
| 2 Eydís Ósk Kolbeinsdóttir r:+0.82 30,79 33,88 34,21 34,45 34,47 34,40 34,37 32,73 | 14 | Íþróttabandalag Reykjaneshæjar | 4:29,30 IM25 |
| 3 Rebekka Jaferian r:+0.74 30,88 33,78 34,60 34,72 34,28 34,46 34,18 32,56 | 17 | Sundfélagið Ægir | 4:29,46 IM25 |
| 4 Katarína Róbertsdóttir r:+0.77 31,37 34,82 34,88 34,61 34,69 34,76 34,76 33,55 | 14 | Sundfélag Hafnarfjarðar | 4:33,44 IM25 |

Grein 16 Karla 400 . Metra Skriðsund

ISL: 3:48,67 N 5.4.2002 Örn Arnarson SH
 3:58,95 HM25 Doha 2014
 4:45,10 IM25 Hafnarfirdi 2014

Meet Qualifying: 7:00,00

| Nafn | ár | Félag | Tíminn |
|--|----|--------------------------------|--------------|
| 1 Kristófer Sigurðsson r:+0.62 27,46 29,76 30,07 30,56 30,04 30,39 29,23 29,29 | 19 | Íþróttabandalag Reykjaneshæjar | 3:56,80 HM25 |
| 2 Daniel Hannes Pálsson r:+0.71 27,49 30,40 30,56 30,75 30,48 30,46 29,93 29,37 | 19 | Sunddeild Fjölnis | 3:59,44 IM25 |
| 3 Birkir Snær Helgason r:+0.81 27,82 31,05 31,30 31,29 31,16 31,48 31,71 31,11 | 20 | Sundfélagið Ægir | 4:06,92 IM25 |
| 4 Þröstur Bjarnason r:+0.68 28,59 30,56 31,23 31,34 30,78 31,60 31,91 31,50 | 17 | Íþróttabandalag Reykjaneshæjar | 4:07,51 IM25 |

Extramót SH 2014 - 25.10.2014 to 26.10.2014

Úrslit

Grein 17 Kvenna 100 . Metra Flugsund

ISL: 1:00,25 N 10.12.2011 Bryndís Rún Hansen
 1:01,25 HM25 Doha 2014
 1:11,82 IM25 Hafnarfirdi 2014

Bergen

Meet Qualifying : 1:50,00

| Nafn | ár | Félag | Tíminn |
|---|----|-------------------|--------------|
| 1 Eygló Ósk Gústafsdóttir r:+0.83 29,56 33,04 | 19 | Sundfélagið Ægir | 1:02,60 IM25 |
| 2 Inga Elin Cryer r:+0.75 29,52 33,56 | 21 | Sundfélagið Ægir | 1:03,08 IM25 |
| 3 Elín Kata Sigurgeirsdóttir r:+0.73 32,16 35,12 | 15 | Sundfélagið Óðinn | 1:07,28 IM25 |
| 4 Bryndís Bolladóttir r:+0.67 32,01 35,92 | 15 | Sundfélagið Óðinn | 1:07,93 IM25 |

Grein 18 Karla 100 . Metra Flugsund

ISL: 52,53 N 13.12.2007 Örn Arnarson
 54,36 HM25 Doha 2014
 1:05,29 IM25 Hafnarfirdi 2014

SH

Meet Qualifying : 1:50,00

| Nafn | ár | Félag | Tíminn |
|---|----|-------------------------|--------------|
| 1 Kolbeinn Hrafnkelsson r:+0.70 25,88 31,04 | 20 | Sundfélag Hafnarfjarðar | 56,92 IM25 |
| 2 Hafþór J. Sigurðsson r:+0.68 29,54 33,25 | 17 | Sundfélag Hafnarfjarðar | 1:02,79 IM25 |
| 3 Daniel Andri Þórhallsson r:+0.83 30,57 35,51 | 16 | Sundfélagið Ægir | 1:06,08 |
| 4 Sævar Berg Sigurðsson r:+0.83 31,20 37,40 | 19 | Sundfélag Akraness | 1:08,60 |

Grein 19 Kvenna 200 . Metra Baksund

ISL: 2:06,56 N 22.11.2013 Eygló Ósk Gústafsdóttir
 2:16,76 HM25 Doha 2014
 2:39,87 IM25 Hafnarfirdi 2014

Ægir

Meet Qualifying : 4:00,00

| Nafn | ár | Félag | Tíminn |
|--|----|-------------------------|--------------|
| 1 Katarína Róbertsdóttir r:+0.82 34,45 37,19 37,93 36,21 | 14 | Sundfélag Hafnarfjarðar | 2:25,78 IM25 |
| 2 Steingerður Hauksdóttir r:+0.66 34,25 37,16 37,80 36,93 | 18 | Sunddeild Fjölnis | 2:26,14 IM25 |
| 3 Ásdís B. Guðnadóttir r:+0.70 35,24 37,83 39,63 39,86 | 18 | Sundfélag Hafnarfjarðar | 2:32,56 IM25 |
| 4 Raket Baldvinsdóttir r:+0.67 36,64 38,75 39,78 39,09 | 17 | Sundfélagið Óðinn | 2:34,26 IM25 |

Grein 20 Karla 200 . Metra Baksund

ISL: 1:52,90 N 14.12.2000 Örn Arnarson
 2:03,36 HM25 Doha 2014
 2:27,16 IM25 Hafnarfirdi 2014

SH

Meet Qualifying : 4:00,00

| Nafn | ár | Félag | Tíminn |
|--|----|-------------------|--------------|
| 1 Hilmar Smári Jónsson r:+0.68 32,29 35,37 36,17 34,91 | 20 | Sunddeild Fjölnis | 2:18,74 IM25 |
| 2 Hafsteinn Ari Ágústsson r:+0.68 33,71 36,45 36,67 35,74 | 14 | Sundfélagið Ægir | 2:22,57 IM25 |
| 3 Kristján Gylfi Þórisson r:+0.85 34,63 37,82 38,28 32,65 | 14 | Sunddeild Fjölnis | 2:23,38 IM25 |
| 4 Ólafur Carl Granz r:+0.75 35,20 38,75 40,17 39,04 | 16 | Sundfélagið Ægir | 2:33,16 |

Extramót SH 2014 - 25.10.2014 to 26.10.2014

Úrslit

Grein 21 Kvenna 100 . Metra Bringusund

ISL: 1:06,88 N 28.8.2014 Hrafnhildur Lúthersdóttir SH
 1:10,75 HM25 Doha 2014
 1:23,70 IM25 Hafnarfirdi 2014

Meet Qualifying : 2:05,00

| Nafn | ár | Félag | Tíminn |
|-----------------------------------|----|-------------------------|--------------|
| 1 Nanna Björk Barkardóttir | 16 | Sundfélagið Óðinn | 1:17,78 IM25 |
| r:+0.77 36,52 41,26 | | | |
| 2 Marta Buchanevic | 13 | Sundfélagið Ægir | 1:17,89 IM25 |
| r:+0.72 36,91 40,98 | | | |
| 3 Natalia Cecylia Wojdat | 16 | Sundfélag Hafnarfjarðar | 1:19,86 IM25 |
| r:+0.72 38,13 41,73 | | | |
| 4 Sunna Svanlaug Vilhjálmisdóttir | 14 | Sundfélag Hafnarfjarðar | 1:20,84 IM25 |
| r:+0.80 37,95 42,89 | | | |

Grein 22 Karla 100 . Metra Bringusund

ISL: 58,90 N 21.11.2009 Jakob Jóhann Sveinsson Ægir
 1:02,56 HM25 Doha 2014
 1:15,59 IM25 Hafnarfirdi 2014

Meet Qualifying : 2:05,00

| Nafn | ár | Félag | Tíminn |
|---------------------------|----|-------------------------|--------------|
| 1 Viktor Máni Vilbergsson | 22 | Sundfélag Hafnarfjarðar | 1:05,03 IM25 |
| r:+0.66 30,06 34,97 | | | |
| 2 Arnór Stefánsson | 17 | Sundfélag Hafnarfjarðar | 1:09,03 IM25 |
| r:+0.72 32,58 36,45 | | | |
| 3 Sævar Berg Sigurðsson | 19 | Sundfélag Akraness | 1:11,56 IM25 |
| r:+0.76 33,51 38,05 | | | |
| 4 Marian Catalin Ioneti | 16 | Sundfélag Hafnarfjarðar | 1:13,71 IM25 |
| r:+0.71 34,83 38,88 | | | |

Grein 23 Kvenna 400 . Metra Fjór

ISL: 4:46,36 N 24.11.2013 Eygló Ósk Gústafsdóttir ÍA
 4:54,46 HM25 Doha 2014
 5:40,35 IM25 Hafnarfirdi 2014

Meet Qualifying: 6:50,00

| Nafn | ár | Félag | Tíminn |
|---|----|--------------------------------|--------------|
| *1 Eydís Ósk Kolbeinsdóttir | 14 | Íþróttabandalag Reykjanesbæjar | 5:03,49 IM25 |
| r:+0.80 32,46 38,30 39,81 37,99 43,61 44,17 35,00 32,15 | | | |
| *1 Íris Ósk Hilmarsdóttir | 16 | Íþróttabandalag Reykjanesbæjar | 5:03,49 IM25 |
| r:+0.76 32,20 38,06 37,03 36,86 45,56 45,96 34,89 32,93 | | | |
| 3 Sunneva Dögg Friðriksdóttir | 15 | Íþróttabandalag Reykjanesbæjar | 5:10,95 IM25 |
| r:+0.67 33,46 38,91 39,92 40,01 46,21 46,76 33,26 32,42 | | | |
| 4 Sylwia Sienkiewicz | 15 | Íþróttabandalag Reykjanesbæjar | 5:11,82 IM25 |
| r:+0.72 32,35 38,04 42,07 40,99 44,17 45,36 35,19 33,65 | | | |

Grein 24 Karla 400 . Metra Fjór

ISL: 4:11,78 N 17.3.2001 Örn Arnarson SH
 4:28,28 HM25 Doha 2014
 5:21,66 IM25 Hafnarfirdi 2014

Meet Qualifying: 6:50,00

| Nafn | ár | Félag | Tíminn |
|---|----|--------------------------------|--------------|
| 1 Kristinn Þórarinnsson | 18 | Sunddeild Fjölnis | 4:32,99 IM25 |
| r:+0.71 26,99 31,43 34,70 35,07 39,10 39,97 32,78 32,95 | | | |
| 2 Kristófer Sigurðsson | 19 | Íþróttabandalag Reykjanesbæjar | 4:39,87 IM25 |
| r:+0.69 29,21 34,76 35,48 35,64 39,21 40,84 32,69 32,04 | | | |
| 3 Baldvin Sigmarsson | 17 | Íþróttabandalag Reykjanesbæjar | 4:41,90 IM25 |
| r:+0.75 29,17 33,32 37,54 36,14 39,42 40,97 33,15 32,19 | | | |
| 4 Þröstur Bjarnason | 17 | Íþróttabandalag Reykjanesbæjar | 4:51,17 IM25 |
| r:+0.66 30,38 35,97 37,92 36,61 42,01 43,09 32,83 32,36 | | | |

Extramót SH 2014 - 25.10.2014 to 26.10.2014

Úrslit

Grein 25 Karla 100 . Metra Baksund

ISL: 51,74 N 14.12.2003 Örn Arnarson SH
 56,64 HM25 Doha 2014
 1:07,61 IM25 Hafnarfirdi 2014

Meet Qualifying : 2:00,00

| Nafn | ár | Félag | Tíminn |
|--|----|-------------------------|--------------|
| 1 Daniel Hannes Pálsson r:+0.58 29,35 31,30 | 19 | Sunddeild Fjölnis | 1:00,65 IM25 |
| 2 Hilmar Smári Jónsson r:+0.72 30,23 31,83 | 20 | Sunddeild Fjölnis | 1:02,06 IM25 |
| 3 Hafþór J. Sigurðsson r:+0.57 31,33 33,70 | 17 | Sundfélag Hafnarfjarðar | 1:05,03 IM25 |
| 4 Patrekur Björgvinsson r:+0.67 31,52 35,05 | 16 | Sundfélag Akraness | 1:06,57 IM25 |

Grein 26 Kvenna 100 . Metra Baksund

ISL: 59,26 N 22.11.2013 Eygló Ósk Gústafsdóttir Ægir
 1:03,39 HM25 Doha 2014
 1:14,87 IM25 Hafnarfirdi 2014

Meet Qualifying : 2:00,00

| Nafn | ár | Félag | Tíminn |
|--|----|-------------------------|--------------|
| 1 Eygló Ósk Gústafsdóttir r:+0.69 29,19 30,60 | 19 | Sundfélagið Ægir | 59,79 HM25 |
| 2 Steingerður Hauksdóttir r:+0.66 32,59 35,69 | 18 | Sunddeild Fjölnis | 1:08,28 IM25 |
| 3 Katarína Róbertsdóttir r:+0.73 33,52 35,34 | 14 | Sundfélag Hafnarfjarðar | 1:08,86 IM25 |
| 4 Bryndís Bolladóttir r:+0.62 33,27 36,17 | 15 | Sundfélagið Óðinn | 1:09,44 IM25 |

Grein 27 Karla 50 . Metra Bringusund

ISL: 27,37 N 22.11.2009 Jakob Jóhann Sveinsson Ægir
 28,55 HM25 Doha 2014
 34,78 IM25 Hafnarfirdi 2014

Meet Qualifying: 45,00

| Nafn | ár | Félag | Tíminn |
|--------------------------------------|----|-------------------------|------------|
| 1 Viktor Máni Vilbergsson r:+0.68 | 22 | Sundfélag Hafnarfjarðar | 30,12 IM25 |
| 2 Aron Ö. Stefánsson r:+0.59 | 19 | Sundfélag Hafnarfjarðar | 30,28 IM25 |
| 3 Sævar Berg Sigurðsson r:+0.74 | 19 | Sundfélag Akraness | 33,56 IM25 |
| 4 Marian Catalin Ioneti r:+0.67 | 16 | Sundfélag Hafnarfjarðar | 34,44 IM25 |

Grein 28 Kvenna 50 . Metra Bringusund

ISL: 30,67 N 27.8.2014 Hrafnhildur Lúthersdóttir SH
 32,60 HM25 Doha 2014
 39,02 IM25 Hafnarfirdi 2014

Meet Qualifying: 45,00

| Nafn | ár | Félag | Tíminn |
|--|----|-------------------------|------------|
| 1 Karen Sif Vilhjálmsdóttir r:+0.78 | 21 | Sundfélag Hafnarfjarðar | 34,97 IM25 |
| 2 Nanna Björk Barkadóttir r:+0.78 | 16 | Sundfélagið Óðinn | 35,80 IM25 |
| 3 Marta Buchanevic r:+0.69 | 13 | Sundfélagið Ægir | 36,34 IM25 |
| 4 Natalia Cecylia Wojdat r:+0.73 | 16 | Sundfélag Hafnarfjarðar | 37,05 IM25 |

Extramót SH 2014 - 25.10.2014 to 26.10.2014

Úrslit

Grein 29 Karla 800 . Metra Skriðsund

ISL: 7:52,84 N 16.12.2012 Anton Sveinn McKee Ægir
 8:14,41 HM25 Doha 2014
 9:55,00 IM25 Hafnarfirdi 2014

Meet Qualifying: 12:00,00

| Nafn | ár | Félag | Tíminn |
|---|----|-------------------------|--------------|
| 1 Birkir Snær Helgason | 20 | Sundfélagið Ægir | 8:28,71 IM25 |
| r:+0.80 27,98 31,05 31,60 32,04 32,27 31,70 31,52 32,21 | | | |
| 32,09 32,23 32,19 32,82 32,78 32,61 32,44 31,18 | | | |
| 2 Ólafur Sigurðsson | 15 | Sundfélag Hafnarfjarðar | 8:40,12 IM25 |
| r:+0.68 28,58 31,56 32,92 33,14 33,49 33,35 33,03 33,34 | | | |
| 32,97 33,50 32,95 32,60 32,55 33,04 32,21 30,89 | | | |
| 3 Kristján Gylfi Þórisson | 14 | Sunddeild Fjölris | 9:34,86 IM25 |
| r:+0.75 31,85 36,16 36,73 35,70 35,69 36,95 37,09 33,70 | | | |
| 36,58 37,46 37,19 37,09 36,65 36,62 35,91 33,49 | | | |
| 4 Kári Sölvi Nielsen | 14 | Sundfélag Hafnarfjarðar | 10:20,10 |
| r:+0.52 33,51 36,93 39,02 39,27 39,64 40,25 40,76 1:18,31 | | | |
| 39,19 39,15 39,48 39,43 37,93 36,03 | | | |

Grein 30 Kvenna 200 . Metra Skriðsund

ISL: 1:59,45 N 14.12.2008 Sigrún Brá Sverrisdóttir Fjölris
 2:03,09 HM25 Doha 2014
 2:24,80 IM25 Hafnarfirdi 2014

Meet Qualifying : 3:55,00

| Nafn | ár | Félag | Tíminn |
|---------------------------------|----|-------------------------|--------------|
| 1 Inga Elin Cryer | 21 | Sundfélagið Ægir | 2:04,57 IM25 |
| r:+0.77 28,45 31,12 32,40 32,60 | | | |
| 2 Rebekka Jaferian | 17 | Sundfélagið Ægir | 2:07,02 IM25 |
| r:+0.72 29,75 32,30 32,76 32,21 | | | |
| 3 Bryndís Bolladóttir | 15 | Sundfélagið Óðinn | 2:09,51 IM25 |
| r:+0.71 29,88 32,48 33,04 34,11 | | | |
| 4 Katarína Róbertsdóttir | 14 | Sundfélag Hafnarfjarðar | 2:12,92 IM25 |
| r:+0.80 30,85 33,64 34,62 33,81 | | | |

Grein 31 Karla 50 . Metra Flugsund

ISL: 23,55 N 10.12.2006 Örn Arnarson SH
 24,35 HM25 Doha 2014
 29,76 IM25 Hafnarfirdi 2014

Meet Qualifying: 40,00

| Nafn | ár | Félag | Tíminn |
|-------------------------------|----|-------------------------|------------|
| 1 Aron Ö. Stefánsson | 19 | Sundfélag Hafnarfjarðar | 25,82 IM25 |
| r:+0.60 | | | |
| 2 Daniel Hannes Pálsson | 19 | Sunddeild Fjölris | 26,08 IM25 |
| r:+0.69 | | | |
| 3 Jón Margeir Sverrisson S-14 | 22 | Sunddeild Fjölris | 27,52 IM25 |
| r:+0.64 | | | |
| 4 Atli Vikar Ingimundarson | 17 | Sundfélag Akraness | 28,41 IM25 |
| r:+0.74 | | | |

Grein 32 Kvenna 50 . Metra Flugsund

ISL: 26,70 N 9.12.2011 Bryndís Rún Hansen Bergen
 27,47 HM25 Doha 2014
 32,72 IM25 Hafnarfirdi 2014

Meet Qualifying: 40,00

| Nafn | ár | Félag | Tíminn |
|---------------------------|----|-------------------|------------|
| 1 Bryndís Bolladóttir | 15 | Sundfélagið Óðinn | 30,23 IM25 |
| r:+0.64 | | | |
| 2 Nanna Björk Barkadóttir | 16 | Sundfélagið Óðinn | 30,78 IM25 |
| r:+0.75 | | | |

Extramót SH 2014 - 25.10.2014 to 26.10.2014

Úrslit

(Grein 32 Kvenna 50 . Metra Flugsund)

| Nafn | ár | Félag | Tíminn |
|------------------------------------|----|--------------------|------------|
| 3 Berglind Bjarnadóttir r:+0.78 | 13 | Sunddeild Fjölnis | 32,25 IM25 |
| 4 Una Lára Lárusdóttir r:+0.73 | 15 | Sundfélag Akraness | 32,88 |

Grein 33 Karla 200 . Metra Fjór

ISL: 1:57,91 N 21.3.2003 Örn Arnarson SH
2:04,19 HM25 Doha 2014
2:29,03 IM25 Hafnarfirdi 2014

Meet Qualifying : 3:55,00

| Nafn | ár | Félag | Tíminn |
|---|----|-------------------------|--------------|
| 1 Kristinn Þórarinsson r:+0.72 26,02 30,06 37,20 31,02 | 18 | Sunddeild Fjölnis | 2:04,30 IM25 |
| 2 Hólmsteinn Skorri Hallgrímsson r:+0.71 31,21 36,53 45,09 33,26 | 14 | Sundfélagið Ægir | 2:26,09 IM25 |
| 3 Bjartur Þórhallsson r:+0.77 30,90 38,73 44,60 33,84 | 14 | Sunddeild Aftureldingar | 2:28,07 IM25 |
| 4 Hallgrímur Kjartansson r:+0.52 32,34 39,02 42,73 34,20 | 16 | Sunddeild Stjörnunnar | 2:28,29 IM25 |

Grein 34 Kvenna 200 . Metra Fjór

ISL: 2:13,41 N 22.11.2013 Eygló Ósk Gústafsdóttir Ægir
2:18,67 HM25 Doha 2014
2:44,60 IM25 Hafnarfirdi 2014

Meet Qualifying : 3:55,00

| Nafn | ár | Félag | Tíminn |
|---|----|-------------------------|--------------|
| 1 Eygló Ósk Gústafsdóttir r:+0.89 30,21 34,05 39,88 32,37 | 19 | Sundfélagið Ægir | 2:16,51 HM25 |
| 2 Marta Buchanevic r:+0.69 34,25 40,16 43,61 36,02 | 13 | Sundfélagið Ægir | 2:34,04 IM25 |
| 3 Helga Þöll Guðjónsdóttir r:+0.64 33,81 39,94 47,65 35,17 | 17 | Sunddeild Stjörnunnar | 2:36,57 IM25 |
| 4 María Fanney Kristjánsdóttir r:+0.71 35,13 39,92 45,72 36,05 | 14 | Sundfélag Hafnarfjarðar | 2:36,82 IM25 |

Grein 35 Karla 100 . Metra Skriðsund

ISL: 48,42 N 16.11.2007 Örn Arnarson SH
51,12 HM25 Doha 2014
1:00,77 IM25 Hafnarfirdi 2014

Meet Qualifying : 1:45,00

| Nafn | ár | Félag | Tíminn |
|--|----|-------------------------|------------|
| 1 Kolbeinn Hrafnkelsson r:+0.67 24,25 27,47 | 20 | Sundfélag Hafnarfjarðar | 51,72 IM25 |
| 2 Aron Ö. Stefánsson r:+0.60 24,85 27,48 | 19 | Sundfélag Hafnarfjarðar | 52,33 IM25 |
| 3 Predrag Milos r:+0.76 25,04 27,59 | 19 | Sundfélag Hafnarfjarðar | 52,63 IM25 |
| 4 Birkir Snær Helgason r:+0.83 25,83 27,36 | 20 | Sundfélagið Ægir | 53,19 IM25 |